



United Methodist Church of Vista  
490 South Melrose Drive  
(760) 726-0442



Sunday, September 1, 2024 @ 10:00 a.m.

Pastor Broghan Hunt

Scripture Reading: “(Mark 7:1-8, 14-15, 21-23) (NRSV)

Mark 7:1-8

<sup>1</sup> The Pharisees and some of the teachers of the law who had come from Jerusalem gathered around Jesus

<sup>2</sup> and saw some of his disciple’s eating food with hands that were defiled, that is, unwashed.

<sup>3</sup> (The Pharisees and all the Jews do not eat unless they give their hands a ceremonial washing, holding to the tradition of the elders.

<sup>4</sup> When they come from the marketplace they do not eat unless they wash. And they observe many other traditions, such as the washing of cups, pitchers and kettles.

<sup>5</sup> So the Pharisees and teachers of the law asked Jesus, “Why don’t your disciples live according to the tradition of the elders instead of eating their food with defiled hands?”

<sup>6</sup> He replied, “Isaiah was right when he prophesied about you hypocrites; as it is written:

“These people honor me with their lips,  
but their hearts are far from me.

<sup>7</sup> They worship me in vain;

their teachings are merely human rules.

<sup>8</sup> You have let go of the commands of God and are holding on to human traditions.”

Mark 7:14-15

<sup>14</sup> Again Jesus called the crowd to him and said, “Listen to me, everyone, and understand this.

<sup>15</sup> Nothing outside a person can defile them by going into them. Rather, it is what comes out of a person that defiles them.”

Mark 7:21-23

<sup>21</sup> For it is from within, out of a person’s heart, that evil thoughts come—sexual immorality, theft, murder,

<sup>22</sup> adultery, greed, malice, deceit, lewdness, envy, slander, arrogance and folly.

<sup>23</sup> All these evils come from inside and defile a person.”