



United Methodist Church of Vista
490 South Melrose Drive
(760) 726-0442



Sunday, January 28, 2024 @ 10:00 a.m.

Rev. Lori Doyle, Guest Pastor

4th Sunday after Epiphany

United Women in Faith Sunday

“Gatekeepers to Grace”

Scriptures: [1 Corinthians 8:1-13](#) (NRSV)

[1 Corinthians 8: 1-13](#)

¹ Now about food sacrificed to idols: We know that “We all possess knowledge.” But knowledge puffs up while love builds up.

² Those who think they know something do not yet know as they ought to know.

³ But whoever loves God is known by God.

⁴ So then, about eating food sacrificed to idols: We know that “An idol is nothing at all in the world” and that “There is no God but one.”

⁵ For even if there are so-called gods, whether in heaven or on earth (as indeed there are many “gods” and many “lords”),

⁶ yet for us there is but one God, the Father, from whom all things came and for whom we live; and there is but one Lord, Jesus Christ, through whom all things came and through whom we live.

⁷ But not everyone possesses this knowledge. Some people are still so accustomed to idols that when they eat sacrificial food they think of it as having been sacrificed to a god, and since their conscience is weak, it is defiled.



United Methodist Church of Vista
490 South Melrose Drive
(760) 726-0442



⁸ But food does not bring us near to God; we are no worse if we do not eat, and no better if we do.

⁹ Be careful, however, that the exercise of your rights does not become a stumbling block to the weak.

¹⁰ For if someone with a weak conscience sees you, with all your knowledge, eating in an idol's temple, won't that person be emboldened to eat what is sacrificed to idols?

¹¹ So this weak brother or sister, for whom Christ died, is destroyed by your knowledge.

¹² When you sin against them in this way and wound their weak conscience, you sin against Christ.

¹³ Therefore, if what I eat causes my brother or sister to fall into sin, I will never eat meat again, so that I will not cause them to fall. ([top](#))