



United Methodist Church of Vista
490 South Melrose Drive
(760) 726-0442



Sunday, November 19, 2023 @ 10:00 a.m.
25th Sunday after Pentecost
Rev. Dr. Leigh Ann Shaw, Lead Pastor
“A Time for Prayer”



Rev. Dr. Leigh Ann Shaw
Lead Pastor

Scriptures: [Judges 4:1-7](#) and [1 Thessalonians 5:1-11](#) (NRSV)

[Judges 4:1-7](#)

- ¹ The Israelites again did what was evil in the sight of the LORD, after Ehud died.
- ² So the LORD sold them into the hand of King Jabin of Canaan, who reigned in Hazor; the commander of his army was Sisera, who lived in Harosheth-ha-goiim.
- ³ Then the Israelites cried out to the LORD for help; for he had nine hundred chariots of iron, and had oppressed the Israelites cruelly for twenty years.
- ⁴ At that time Deborah, a prophetess, wife of Lappidoth, was judging Israel.
- ⁵ She used to sit under the palm of Deborah between Ramah and Bethel in the hill country of Ephraim; and the Israelites came up to her for judgement.
- ⁶ She sent and summoned Barak son of Abinoam from Kedesh in Naphtali, and said to him, ‘The LORD, the God of Israel, commands you, “Go, take position at Mount Tabor, bringing ten thousand from the tribe of Naphtali and the tribe of Zebulun.
- ⁷ I will draw out Sisera, the general of Jabin’s army, to meet you by the Wadi Kishon with his chariots and his troops; and I will give him into your hand.’”



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1 Thessalonians 5:1-11

¹ Now concerning the times and the seasons, brothers and sisters, you do not need to have anything written to you.

² For you yourselves know very well that the day of the Lord will come like a thief in the night.

³ When they say, 'There is peace and security', then sudden destruction will come upon them, as labour pains come upon a pregnant woman, and there will be no escape!

⁴ But you, beloved, are not in darkness, for that day to surprise you like a thief;

⁵ for you are all children of light and children of the day; we are not of the night or of darkness.

⁶ So then, let us not fall asleep as others do, but let us keep awake and be sober;

⁷ for those who sleep sleep at night, and those who are drunk get drunk at night.

⁸ But since we belong to the day, let us be sober, and put on the breastplate of faith and love, and for a helmet the hope of salvation.

⁹ For God has destined us not for wrath but for obtaining salvation through our Lord Jesus Christ,

¹⁰ who died for us, so that whether we are awake or asleep we may live with him.

¹¹ Therefore encourage one another and build up each other, as indeed you are doing.