



United Methodist Church of Vista  
490 South Melrose Drive  
(760) 726-0442



Sunday, March 2, 2022 @ 7:00 p.m.  
Ash Wednesday  
Rev. Dr. Leigh Ann Shaw  
“Not for the Weak Hearted”



Rev. Dr. Leigh Ann Shaw  
Senior Pastor

Scripture: [Joel 2:1-2, 12](#) and [Matthew 6:1-6, 16-21](#), various verses  
(NRSV)

Joel 2:1-2

<sup>1</sup> Blow the trumpet in Zion;  
    sound the alarm on my holy mountain!  
Let all the inhabitants of the land tremble,  
    for the day of the LORD is coming, it is near—  
<sup>2</sup> a day of darkness and gloom,  
    a day of clouds and thick darkness!  
Like blackness spread upon the mountains  
    a great and powerful army comes;  
their like has never been from of old,  
    nor will be again after them  
    in ages to come.

Joel 2:12

<sup>12</sup> Yet even now, says the LORD,  
    return to me with all your heart,  
with fasting, with weeping, and with mourning;

. ([top](#))



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### Matthew 6:1-6

<sup>1</sup> “Beware of practicing your piety before others in order to be seen by them; for then you have no reward from your Father in heaven.

<sup>2</sup> “So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward.

<sup>3</sup> But when you give alms, do not let your left hand know what your right hand is doing,

<sup>4</sup> so that your alms may be done in secret; and your Father who sees in secret will reward you.

<sup>5</sup> “And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward.

<sup>6</sup> But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you.

### Matthew 6:16-21

<sup>16</sup> “And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward.

<sup>17</sup> But when you fast, put oil on your head and wash your face,

<sup>18</sup> so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you.

<sup>19</sup> “Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal;

<sup>20</sup> but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal.

<sup>21</sup> For where your treasure is, there your heart will be also. ([top](#))