



United Methodist Church of Vista  
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*Rev. Dr. Leigh Ann Shaw,  
Senior Pastor*

Sunday, August 8, 2021 @ 10:00 a.m.  
11<sup>th</sup> Sunday after Pentecost  
Rev. Dr. Leigh Ann Shaw, Senior Pastor  
“A Little Truth”

Scriptures: [Ephesians 4:25-5:2](#)

Ephesians 4:25-5:2

<sup>25</sup> Therefore each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body.

<sup>26</sup> “In your anger do not sin”: Do not let the sun go down while you are still angry,  
<sup>27</sup> and do not give the devil a foothold.

<sup>28</sup> Anyone who has been stealing must steal no longer, but must work, doing something useful with their own hands, that they may have something to share with those in need.

<sup>29</sup> Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

<sup>30</sup> And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption.

<sup>31</sup> Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice.

<sup>32</sup> Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

5 <sup>1</sup> Follow God’s example, therefore, as dearly loved children

<sup>2</sup> and walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God.[\(top\)](#)