



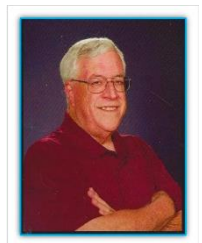
United Methodist Church of Vista
490 South Melrose Drive
(760) 726-0442



Sunday, June 21, 2020

"Family Values"

Rev. Frank Hallock, Associate Pastor of Music and Visitation



*Rev. Frank Hallock,
Associate Pastor of Music
and Visitation*

Bible verse: [Psalm 6:1-10](#); [Romans 12:9-21](#)

Psalm 6:1-10 ([top](#))

- ¹ Lord, do not rebuke me in your anger
or discipline me in your wrath.
- ² Have mercy on me, Lord, for I am faint;
heal me, Lord, for my bones are in agony.
- ³ My soul is in deep anguish.
How long, Lord, how long?
- ⁴ Turn, Lord, and deliver me;
save me because of your unfailing love.
- ⁵ Among the dead no one proclaims your name.
Who praises you from the grave?
- ⁶ I am worn out from my groaning.
All night long I flood my bed with weeping
and drench my couch with tears.
- ⁷ My eyes grow weak with sorrow;
they fail because of all my foes.
- ⁸ Away from me, all you who do evil,
for the Lord has heard my weeping.
- ⁹ The Lord has heard my cry for mercy;
the Lord accepts my prayer.
- ¹⁰ All my enemies will be overwhelmed with shame and anguish;
they will turn back and suddenly be put to shame.



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Romans 12:9-21 [\(top\)](#)

- ⁹ Love must be sincere. Hate what is evil; cling to what is good.
- ¹⁰ Be devoted to one another in love. Honor one another above yourselves.
- ¹¹ Never be lacking in zeal, but keep your spiritual fervor, serving the Lord.
- ¹² Be joyful in hope, patient in affliction, faithful in prayer.
- ¹³ Share with the Lord's people who are in need. Practice hospitality.
- ¹⁴ Bless those who persecute you; bless and do not curse.
- ¹⁵ Rejoice with those who rejoice; mourn with those who mourn.
- ¹⁶ Live in harmony with one another. Do not be proud, but be willing to associate with people of low position. Do not be conceited.
- ¹⁷ Do not repay anyone evil for evil. Be careful to do what is right in the eyes of everyone.
- ¹⁸ If it is possible, as far as it depends on you, live at peace with everyone.
- ¹⁹ Do not take revenge, my dear friends, but leave room for God's wrath, for it is written: "It is mine to avenge; I will repay," says the Lord.
- ²⁰ On the contrary:
"If your enemy is hungry, feed him;
if he is thirsty, give him something to drink.
In doing this, you will heap burning coals on his head."
- ²¹ Do not be overcome by evil, but overcome evil with good.